

# DR. SARGON ODISHO

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## A DOCTOR YOU SHOULD KNOW



DR. SARGON ODISHO IS ONE OF CHICAGO'S BEST CHIROPRACTORS, AND ONE OF THE FOUNDERS OF GOLD COAST WELLNESS, WHICH HAS GROWN INTO A SUCCESSFUL MULTIDISCIPLINARY CLINIC OFFERING SERVICES FROM PODIATRY TO ACUPUNCTURE. BEFORE DR. ODISHO WAS HELPING CHICAGOANS WITH THEIR BACK PROBLEMS, HE WAS HELPING THEM GET THEIR PARTY ON, AND HIS LOVE OF LIFE AND FUN SHOWS IN HIS WORK. DR. ODISHO TOOK A MINUTE TO REFLECT ON HIS PRACTICE AND HIS LIFE AS A PROMOTER.

**What kind of services do you and the Gold Coast Wellness team provide?**

I'm a chiropractic physician and an acupuncturist, but the clinic as a whole has so much more to offer.

The team now consists of another chiropractor and acupuncturist, an orthopedic surgeon, pediatrician, yoga instructor, personal trainer, and two massage therapists. I hope to add a general physician and a dermatologist by the end of the summer. The idea was to get as many different providers in here as possible. I'm very honest about what ailments I can fix and what I can't. In the rare event I can't, I know there's someone else here that can. And patients have the option between alternative and/or traditional treatment plans here.

**As a promoter, what clubs have you worked with? Do you see a lot of industry people in your practice?**

If this magazine was a little longer, I'd plug them all. At least the ones that are still around considering I've been promoting over eight years now. Industry folks actually make up a good part of my practice. Hell, sometimes it looks like a staff meeting in here. It's nice because it gives me the opportunity to return the "club courtesy" that these guys have shown me in the past.

**What are some common Chicago wellness concerns?**

Chicago is the perfect playground for a whole array of year round activities. This means we see all kinds of sports related injuries come in. The one common concern I have is that most people don't take the proper preventative measures that athletes at all levels need to familiarize themselves with before lacing up, and don't recognize or treat common ailments early enough.

## IMAGE: What's your IMAGE?

I'm just a guy who loves what he does, truly enjoys the people around him, and feels blessed by what life has given me. I live in a city that still intrigues me, have a job that continues to reward me, and a son that spoils me more than I do him. Won't get a complaint out of me.

**CHECK OUT DR. SARGON'S PROFILE AT [IMAGEWORLDWIDE.COM](http://IMAGEWORLDWIDE.COM)**